



*ASHRAE Distinguished Lecturer Program*  
*Chapter Meeting: How To Use Emotional Intelligence to Become a Better Person*  
*Professionally and Personally*  
**Tuesday, October 2<sup>nd</sup>, 2018**

Karine Leblanc received her bachelor degree in Mechanical engineering from Ecole de Technologie Superieure, a public engineering school in Montreal, Quebec, Canada, who was founded in 1974 and that is part of University of Quebec. ETS is specialized in applied teaching and technology transfer to companies.

Karine has been working as an HVAC sales engineer for US Air Conditioning Distributors since 2002 and has been an active member of ASHRAE since she was a student.

In 2009-2010, Karine was the 2nd female and youngest President of the 85th year old chapter of Southern California. She has served on the ASHRAE Society Board of Director from 2014-2017 and became the first female Region X Director Regional Chair since 1959.

She has received the Louise & Bill Holladay chapter Distinguished service award, the Region X Director's Cup award, the Regional Award of Merit and the Distinguished Service Award.



**Presentation Abstract:**

Leaders become great, not because of their power, but because of their ability to empower others. –John Maxwell

These days, the society is all about grades; who has the best grades and which school you have been graduating from. But why is it that employees with average grades from average schools are surpassing their All-Stars peers? Why is it that we have managers, boss and CEO that are not performing or that are not liked by their employees?

Emotional intelligence is definitely one of the key elements in improving your leadership skills in life, at work and with your volunteer organization like ASHRAE. Emotional intelligence is the key to your success!

There are four E.Q. skills: Self Awareness, Self-management, Social awareness and Relationship management. And there are many strategies in improving your E.Q. skills to improve yourself.

We will also touch on the discussion between E.Q. vs gender, age and culture, ASHRAE being a global organization.

***Earn 1 hour of Professional Development Hours at this meeting.***

***Lunch will be provided***

***Time:*** Meet and Greet/Lunch at 11:45am and Tech Session begins at 12:00 pm

***Payment:*** Members = \$20.00, Non-Members = \$25.00, Students = \$10.00

***Reservations:*** <http://hamptonroads.ashraechapters.org/>

***Please Note: Technical Session will be held at Old Dominion University.***

***Lunch Location: Old Dominion University Engineering and Computational Sciences Building***